

# Moon Magic Master Tarot Programme

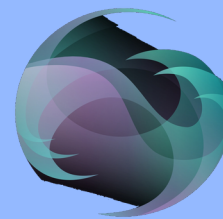


BECOMING A MOON MAGIC  
SOUL GARDENER

M-O-O-N-M-A-G-I-C-S-O-U-L-G-A-R-D-E-N-E-R

Compiled by Kerry-Jayne Lambert for the Moon Magic Master Tarot Programme

All community participants are encouraged to aspire to and walk with these qualities...



## **M-O-O-N**

### **M - Mindful Space Within**

**Definition:** Cultivate an inner space of balance and openness, free from preconceptions and judgments. This includes self-care, compassion for self and others, and wellness.

**Practice:** Regularly engage in self-reflection and self-care practices. Create an environment where you can hold space for others respectfully and ethically, seeking guidance and support when needed. A space filled with compassion, love and spiritual joy.

### **O - Open to Receive**

**Definition:** Develop an internal space of empathy for yourself to fully extend empathy to others. This involves compassionate actions, including empathy, genuineness, generosity, openness, fairness, humility, and respect.

**Practice:** Practice mindful generosity by giving of yourself without depleting your own resources. Balance your emotional and physical energy to sustain your capacity to empathise with others. A pure connection of heart, mind, body and soul.

### **O - Observe and Reflect**

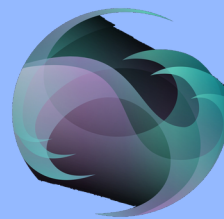
**Definition:** Engage in reflection to be both present and an observer. This involves conscious choice and awareness of cognitive biases and perceptual blind spots, developing and nurturing your ability to be culturally competent in your practice.

**Practice:** Dedicate time to reflect on your interactions and experiences. Seek feedback from peers and be open to new perspectives to enhance your understanding and wisdom.

### **N - Nurture Respect**

**Definition:** Create boundaries that honour individuality while recognising the validity of others' experiences. Respect forms the foundation of well-being and personal growth.

**Practice:** Foster an inclusive environment that respects diverse beliefs and spiritual journeys. Ensure all members have equitable opportunities for growth and development, 'treating others as you would like to be treated yourself'.



## **M-A-G-I-C**

### **M - Mindful Responsiveness**

**Definition:** Be aware and mindful in your interactions, making conscious, responsive choices that reflect empathy and moon magic's ethical standards and practice.

**Practice:** Engage in reciprocal communication and collaboration, building relationships based on trust, honesty, and high ethical standards.

### **A - Act on Resolution**

**Definition:** Use empathy to facilitate transformation and resolution. Recognise that personal and collective histories influence current interactions and growth.

**Practice:** Embrace feedback as a tool for resolution and transformation. Address challenges with a focus on understanding and integrating new information.

### **G - Grow Relationships**

**Definition:** Understand that life and spiritual existence thrive on relationships and interconnectedness. Cultivate a community that values discovery, curiosity, and integration.

**Practice:** Engage actively in building and sustaining relationships within the group. Promote an environment of inquiry and appreciation for diversity, acceptance and compassion.

### **I – Insight Changes Perspectives**

**Definition:** Insight expands awareness and changes fixed perceptions and limited beliefs, creating opportunity for new ways of seeing, being, and doing.

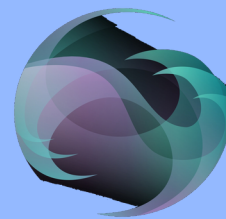
**Practice:** Use your insight to expand your own awareness and to heal limiting perspectives and share your growth so that others may benefit from your learning.

### **C – Compassionate Connections**

**Definition:** Com-passion literally means “with-passion” and sometimes kindness will call you to stand firm.

**Practice:** Be compassionate in all your exchanges, listen to others and to yourself with kindness, but also hold impeccable boundaries.





## **S-O-U-L**

### **S - Self-Respect and Well-Being**

**Practice:** Prioritise your own health and self-care to maintain effectiveness and offer meaningful support to others.

### **O - Openness to Learning**

**Practice:** Embrace a mindset of continual learning and growth, remaining open to new perspectives and ongoing personal development.

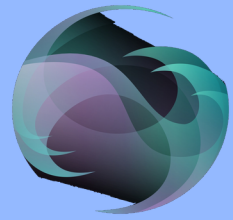
### **U - Understanding Through Empathy**

**Practice:** Communicate with genuine understanding, striving to see and honour the experiences of others from their own perspective.

### **L - Loving and Compassionate Action**

**Practice:** Act with compassion, generosity, and fairness in all interactions, ensuring that your actions reflect a deep care for others.





## **G-A-R-D-E-N-E-R**

### **G - Grounded Wisdom**

**Practice:** Apply sound judgment, insight, and discernment in your spiritual and ethical practices, guided by both experience and reflection.

### **A - Accountability and Integrity**

**Practice:** Uphold transparency, honesty, and consistency in all dealings, taking responsibility for your actions and their impact.

### **R - Respectful Engagement**

**Practice:** Foster respectful and inclusive interactions, recognising and valuing the diverse paths and beliefs within the community.

### **D - Diligence in Practice**

**Practice:** Commit to conscientious and consistent application of your skills and time, ensuring that your efforts are focused and intentional.

### **E - Empathetic Connection**

**Practice:** Build genuine connections with others, fostering an environment of mutual support and understanding.

### **N - Nurturing Growth**

**Practice:** Encourage and support the growth and development of both you and others, contributing to a thriving and dynamic community.

### **E – Empathy Honest Communication**

**Practice:** Cultivate trust through empathic and honest communication, ensuring that all interactions are grounded in mutual respect and clarity.

### **R – Respectful Humble Inquiry**

**Practice:** Approach all interactions with curiosity and humility, acknowledging your own limitations and remaining open to learning.



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THANK YOU FOR  
HONOURING OUR  
COMMUNITY GUIDELINES

