## Moon Magic Master Tarot Programme



# COMMUNITY GROUP INFORMATION & GUIDELINES

Please read or listen to this information alongside the Moon Magic Ethical Framework.

By joining this community you agree to abide by these guidelines and the Moon Magic Ethical Framework. Breaching these Guidelines will result in removal from the group...

And removal from the group means removal from the course!

### The Moon Magic Community Guidelines

The Guidelines for using this Community are inspired by Jenny's book 7 Steps To Spiritual Empathy.

The seven principles of Spiritual Empathy form the core ethics, boundaries, and principles, of our community guidelines.

Empathy sits at the core of true relationship and our ability to fully relate... with ourselves... with one another... with source... with spirit... with all our relations... and with life itself.

Jenny's extensive experience in the field of both Psychotherapy and Spiritual Work, serves as a foundation, offering emotionally intelligent tools to integrate into your practice as a spiritual worker... and in your own life on your Spiritual Earth Walk.

By joining this group you agree to abide by, uphold, and aspire to, the principles of Spiritual Empathy... and the Moon Magic Ethical Framework.

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## Spiritual Empathy

- The First Principle of True Empathy The Space Within
- The Second Principle of True Empathy To Receive
- The Third Principle of True Empathy Reflection
- The Fourth Principle of True Empathy Respect
- The Fifth Principle of True Empathy Responsiveness
- The Sixth Principle of True Empathy Resolution
- The Seventh Principle of True Empathy Relationship

#### The First Principle of True Empathy is... The Space Within

"...We create a space where we listen... and we hear, without preconception and without judgement"

Soul Gardeners... we are collectively an International Voice of Light... and this is your community space... your community forum...

And this is a space of potential...

The guidelines and qualities for using this community forum... the core ethics... the boundaries... and the principles... actually outline what it means to be a spiritual warrior... a light worker... a voice of light... and these guidelines create the boundaries that contain this space...

These boundaries make it a safe and trustworthy place to be... a space where it is safe to share... a space where it is safe to grow...

And the contents of the space... the inner contents and what actually happens here... are made by you!

This is your space and so it will be filled with you... and everything that you choose to bring...

This course is so much more than just learning about the traditional meanings of the Tarot... it is a journey of soul evolution... and the course content is designed to help you to grow... in every possible way...

So what will you bring to this space...

Excitement... discussion... curiosity... debate... friendship... respect... tolerance... love...

We encourage you to share your Learning Journey here... and with absolute authenticity... bring yourself... share of yourself... so that as you grow... your growth can in turn plant and grow seeds for others... and contribute to the ongoing development and evolution of this community as a 'Collective International Voice of Light'.

#### The First Principle of True Empathy is... The Space Within

So in your sharing... try to make time here to consciously and actively 'hold space' for both yourself and others... and be open to receive all who come here... to learn, to share, and to grow... and to use this space as a meeting place of mutual respect... and mutual discovery...

Commit to making this an environment where everyone can feel safe...

However, this should not stand in the way of 'fair comment' and authentic responses... because this is also a space where you can stretch yourself... perhaps even step out of your comfort zone...

Treat everyone as you wish to be treated yourself... and make space to listen to perspectives that may differ from your own...

Learn from the experiences and viewpoints of others... and actively co-create a 'space' where it is safe to seek guidance... safe to reach out... and safe to ask for support and feedback from your peers... and especially in difficult or unexpected situations...

This is a space where everyone should feel comfortable sharing their beliefs and their thoughts and their feelings without any fear of judgement or of being condemned or criticised... different perspectives create huge potential for growth and learning... providing all views are voiced and shared respectfully and with integrity.



#### The Second Principle of True Empathy is... To Receive

"...If we are unable to create an internal space of empathy for ourselves, we will be unable to create a fully available internal space of empathy for others"

Being an empath in a spiritual community of people who are all working very hard on their inner work, calls you to develop conscious boundaries around what you share... as well as having a conscious awareness of the time and energy that you are able to offer to others and within this community...

If you have not done so already, please make time to read the Ethical Framework and use this document to consider appropriate and acceptable limitations on sharing...

And in matters of conflict please consult our Conflict Resolution Processes...

These documents are your guiding light and in the event of any problems, they are the reference point that you can turn to, to navigate through and beyond any difficulties...

So within this community space, please give generously and authentically of yourself... but never at the expense of your personal well-being or your own personal resources... and this includes reading requests from others... this community space is NOT a place to promote yourself or others or to offer assistance in the form of readings or any other resources... or to reach out and request these from anyone within this community...

Develop your understanding of what it means to exercise "mindful generosity" and honour the principles and boundaries of this group and your own self-responsibility and agency in these matters...

Actively demonstrate compassionate loving actions that embody the qualities of empathy... genuineness, generosity, openness, fairness, humility, sincerity, distress-tolerance, commitment, courage, and respect... but in ways that also demonstrate and uphold firm and ethical boundaries... and YOUR own wellbeing.

#### The Third Principle of True Empathy is... Reflection

"...True reflection involves an ability to be both present, and yet, an observer at the same time... and this creates opportunity for conscious choice... and remember... Reflection is never a busy place"

When you develop reflection, you are developing your ability to be fully present to your actual experience, whilst also becoming an observer, and gaining a more objective viewpoint...

Reflection is both a quality and a skill... you may have heard the phrase... 'when you can't see the woods for the trees'...

When you embody true reflection... you can be surrounded by the woods... but also see the details of the individual trees around you... and stand back and see the bigger forest... all at the same time...

Reflection enables you to consider many perspectives and all sides of the story... before then choosing how to respond from a position of greater awareness... and this can be about an external situation or relationship, or an internal perspective or viewpoint... indeed critical reflection is a multifaceted tool that will help you to build interpersonal empathic communication skills on all levels, including areas of conflict resolution.

So cultivate reflection as a valuable life skill... it will serve you well... and here in our community space use reflection to help you to navigate your own experiences within the group...

Almost all of us are likely to carry some form of conditioned responses or unconscious limited thinking or bias... and awakening to these areas of internal perceptions and unconscious blind spots are key areas of growth and wisdom that will enhance your personal growth and your soul development...

So get still... reflection is never a busy place... and notice how you think and how you feel about your conversations... and your interactions... and your connections... within the group... and how you experience group discussions and the group dynamics... and share your thoughts and feelings... including any feelings of tension or conflict, and especially in difficult or unexpected situations, or if you feel your buttons have been pressed...

Actively seek and be open to receiving feedback from your peers... and then celebrate the courage of your authenticity and your personal discoveries with appreciation, grace, and gratitude. Your experiences are as valid as anyone else's... and as we share... we build wisdom.



#### The Fourth Principle of True Empathy is... Respect

"...Respect creates a boundary that recognises and validates our individuality, whilst simultaneously acknowledging the validity of others... it creates an energetic space where despite our differences, we share a common desire for understanding... living respectfully is the foundation of wellbeing"

Respect is a quality that is tangible... and even though we can't see it... we can feel it!

Sadly, almost all of us will have had some sort of experience of disrespectful behaviours and/or attitudes... and so we will each know what this feels like...

All members of this community are respected and deserve respect... and it is the responsibility of everyone here to uphold and authentically demonstrate respect... in every possible way...

We are all related... and interconnected...

Respect is a core component of healthy self-development and a foundation stone of wellness... and so when you offer respect to your self, soul, heart, mind, and body... you demonstrate... and offer respect to others...

When you treat yourself with compassion, care, openness, authenticity, and love... you radiate respect...

When you treat others with compassion, care, openness, authenticity, and love... you radiate respect...

Respect is a core component in the Moon Magic Ethical framework... and it is embodied in the very essences of these guidelines... and in the very essences of the entire Moon Magic Programme...



#### The Fourth Principle of True Empathy is... Respect

When you navigate this course and this community with care, openness, authenticity, and love... you radiate respect...

And when you aspire to uphold the Moon Magic Ethical Framework and these guidelines, you embody what it means to be a spiritual warrior into your Tarot practise... and you radiate respect...

So...

Honour and respect your own boundaries and those of others... whether personal or professional... or physical, emotional, psychological or spiritual in nature...

Honour and respect the unique contributions of all members of this community... and support equal opportunities for all... to learn, to grow, and to develop... and each at their own pace...

Demonstrate respectful tolerance and inclusivity... to your colleagues... to your peers... and to your community... honouring individual belief systems...

And value the uniqueness of every individual here, regardless of their religion, their beliefs, and wherever they are on their own unique and personal spiritual journey... even when different from your own.

#### The Fifth Principle of True Empathy is... Responsiveness

"...Responsive action involves being aware and mindful of both ourselves and of others... and it involves an awareness of our personal conscious choice so that in any situation we can 'Re-spond' rather than Re-act'... we have a choice..."

Personal responsiveness involves listening to yourself... and responding to yourself from a position of self-response-ability... with care and kindness... and awareness of self and others...

Responsiveness to others involves listening to others... and responding from a position of self-response-ability... with care and kindness... holding appropriate boundaries that demonstrate authenticity, honesty, and integrity, with awareness of both self and others...

Group responsibility... or 'social reciprocity' fosters collaboration and shared learning... working together to build a culture of responsiveness that upholds both personal response-ability with recognition of our interconnectedness with each other and all of life...

And so... in all of your interactions... aspire to communicate through the lens of empathy... and with awareness of this sacred, shared, community space... embody and demonstrate the qualities of receivership... reflection... and respect...

Use an empathic lens to create understanding, tolerance, and growth... and engage with your colleagues and your peers and your community with an open mind and a non-judgemental attitude...

Demonstrate respect and courtesy in all your interactions, regardless of anyone's personal beliefs or backgrounds... and use empathic communication and listening skills to create a receptive space of mutually respectful connections, leading to safe and empowering relationships with one another...

Use your developing skills to offer empathic 'Re-sponses' rather than 'Re-actions' that honour mutual empowerment... a mutuality of responsiveness is key to a flowing exchange of ideas, messages, and communications that foster wisdom and understanding between community members...

Be open and honest with your colleagues and your peers and your community and commit to maintain high ethical standards that prioritise transparency, authenticity, and respect, using empathic reflection to arrive at a higher perspectives, that lead to the development of greater wisdom and the resolution of any potential differences or disagreements.

#### The Sixth Principle of True Empathy is... Resolution

"...Being empathic creates opportunity for transformation and change and therefore, by its very nature, creates opportunity for potential resolution..."

In the immediacy of current life experiences, when we embody spiritual empathy, a direct point of resolution with others is rarely needed...

The very essence of the qualities of spiritual empathy result in a continual flow of natural growth and evolution... and so even under difficult circumstances a conflict never escalates beyond being the source of growth and opportunity where all parties can step into their fullest potential... living and thriving at their best...

In an experience of difference with others, please appreciate that all members of this community are on their own personal journey of soul growth and evolution and at different levels of self-development...

Feedback is key to understanding how to process and integrate new information... and new experiences... and new ideas... and so, within this community, **if invited,** please offer guidance, support, and feedback, to your peers... responding with a non-judgemental attitude and a willingness to grow through mutual sharing...

But resolution is more than a difference with others... sometimes the resolution and healing that is needed sits within...

Resolution is key to inner self-development and self-empowerment... and whether recent or historical, we all inevitably have experiences... or auto-pilot patterns of thinking or behaving... or inner dialogue and limiting beliefs... that needs to be processed... unlearned... and let go of and laid to rest...

So practise the principles of spiritual empathy and use your Moon Magic tools and techniques to engage and re-spond... with others and with yourself... and use your continual learning from your experiences, both past and present, to enlighten the "now" and clear the road ahead for your continuing evolution.

#### The Seventh Principle of True Empathy is... Relationship

"...The very essence of Spiritual Empathy recognises that being alive means that we are 'in relationship' all of the time...

We are in a constant mutual exchange... with ourselves... with others... with source... with spirit... with all of life... we are all related...

When we live through empathy, we live through our real and present experience with enquiry, curiosity and discovery... and we step into our fullest potential to become a vessel of interconnectedness with all of life"

The Moon Magic Master Tarot Teachings honour your relationship between the connection of your heart, mind, body, and soul... and your interconnectedness with all of life...

Hold yourself... your colleagues... your peers... your community... and all other professionals here in high esteem... reputations can be fragile, and we are all a team... we are pioneering... we are building... and we are raising the profile and the professional standards of our cherished vocation...

By offering one another encouragement... lifting each other up... and honouring one another's Acts of Service, we collectively honour the Moon Magic Vision to create and become a united force for the good and a Collective Voice of Light.

This community is a space where everyone can interact, express, develop, and share their unique gifts and practices... and everyone's unique contributions are valued and appreciated equally...

Whether you actively drive progress... or bless the community with your presence, bringing quiet and supportive, loving energy... everyone here has an equal part to play in the development of this community... regardless of age, gender, race, disability, religion, belief or sexual orientation...

By joining this community, you commit to uphold the qualities of the Moon Magic Ethical Framework and to foster an environment where everyone feels valued and supported...

So use this space to learn to see... to sense... to know... and to feel... a harmonious flow of connectedness... with yourself and with other members of this community...

We honour you for choosing to engage and learn in this community... and we thank you for contributing to a positive and enriching Community experience.

# Moon Magic Master Tarot Programme



COMMUNITY GROUP INFORMATION & GUIDELINES

"To live a spiritual existence is a way of life...

Spiritual Empathy gifts us with this opportunity"

Jenny Florence

By Participating in the Moon Magic Master Tarot Community you are agreeing to abide by the principles of these Guidelines, fostering a safe and supportive online environment for ALL users.